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Satin Rose - Monsalvat for Asia

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Satin Rose is a women's menstrual hygiene programme developed by Mosalvat, a project founded by a Rotarian from RC Marbella. (Search for Monsalvat.org)

The goal of the project is to make sure girls attend and finish school. In traditional Nepal menstruation is considered a taboo and girls are banished from areas of the house and the community. Some are even left in the animal sheds. The project aims to inform and educate, to reduce the stigma. Apart from the need to change attitudes to menstruation, girls and women are held back by lack of hygienic sanitary care and places to wash and change. So during their period, girls don't attend school and eventually can drop out altogether, reducing their life options drastically.

SATIN ROSE

- In many parts of Nepal menstruation is considered a taboo
- Women are considered untouchable during the 5 days of menstruation. They cannot touch the important areas of the house and community i.e. the kitchen, the religious areas – women are not allowed to enter temples, as menstruation is seen as being impure.
- In some parts of Nepal, women cannot even enter the house during menstruation and its a custom to stay in the animal sheds.

the guardian

Girls banished in animal shed

- The main reasons for this stigmatization is lack of awareness and the lack of materials for women to be clean during menstruation.
- Women in rural areas do not know the importance of menstrual hygiene.
- Due to poverty and lack of access, most women cannot afford to buy disposable sanitary pads. They use old rags and any cloth that is available in the house.
- Because of such unhygienic practices, many women suffer from vaginal infections that lead to other worse conditions like infertility, kidney complications, ovarian and pelvis infections.

Rotary Club Marbella-Guadalmina has donated 1500€ to help with the programme of education and the supply of sanitary pad kits.

[The Service Projects Team assessment framework for this project can be seen here \(http://www.rotaryclub-marbella-g.org/sites/default/files/documents/framework_for_satin_rose_project_nepal.pdf\)](http://www.rotaryclub-marbella-g.org/sites/default/files/documents/framework_for_satin_rose_project_nepal.pdf)

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Below is a thank you letter from Monsalvat for Asia:

Dear Tony Gedge, President Rotary Club Marbella - Guadalmina

On behalf of Monsalvat for Asia I would like to thank you for your generous 1500 euros offer. Your commitment to helping our projects in Nepal is sincerely appreciated by our organisation.

Every year, Monsalvat for Asia continues to pledge its commitment to supporting various projects in Nepal. Through our projects for child support, medical projects and reconstruction support we have seen the living conditions of many people improve.

The goal of Monsalvat for Asia is to continue making the difference in Nepal by reaching more and more people in the poorest and most remote areas.

With the help of donations from supporters like you, we will continue to support and help as many people as possible throughout Nepal.

We thank you again for your generous support.

With best wishes,

Alessandro C. Della Morte
 Founder and Vice President

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